



## Open Enrolment Semester Programmes

# Public Health & Medicine in Europe

Europeans enjoy some of the highest quality and most affordable health care in the world. However, European health systems are under pressure due to an ageing population, new innovations and a demand for more citizen-centered services. The *Public Health & Medicine in Europe* programme is for students studying public health, biology and life sciences who are interested in exploring the diverse approaches to public health challenges in a European context and as a preparation for Medical School.

Maastricht, the Netherlands, is the perfect location to examine modern European health care research policies and challenges. With Germany and Belgium only a stone's throw away, cross-border health options and differences in medical practices are a reality for every patient and health care provider in Maastricht. The Netherlands is consistently positioned at the top of the Euro Health Consumer Index (EHCI) and other global rankings and is known for controversial medical practices such as high rates of home births, medical marijuana and legalised euthanasia.

Gain a greater understanding of public health policies and medical achievements and practice in Europe. Discover projects and institutions engaged in promoting health locally in a globalised world. Examine the different attitudes to health in various European countries and compare their health care systems with the market driven system of the United States. Deepen your knowledge of genetics, immunology or biology, gain insight into contemporary European health issues, discuss medical case studies and develop practical medical skills.

## World-class medical faculty and European Public Health programme

Students in the *Public Health & Medicine in Europe* programme are directly enrolled at Maastricht University and able to take classes from the prestigious Faculty of Health, Medicine and Life Sciences (FHML). Courses can also be taken at the highly selective liberal arts and sciences programme from University College Maastricht.

## Courses

Students can choose from more than **350 bachelor-level courses in English** offered at Maastricht University. At least half the courses should be selected from the programme-related Majors below. This combination provides a solid understanding of the central subject while giving students the freedom to **build their own curriculum**. Please refer to the CES website for a complete course overview.

### Majors

- |                          |              |
|--------------------------|--------------|
| • Chemistry              | • Medicine   |
| • European Public Health | • Nutrition  |
| • Genetics               | • Physics    |
| • Human Biology          | • Physiology |

All *Public Health & Medicine in Europe* students select a **Core Course**, an interactive course that combines strong academics with integrated field trips and unique hands-on experiences. True to Maastricht University's philosophy of active and self-directed learning, students can undertake an **independent study project** during the Core Course and are encouraged to pursue their own academic interests.

## Integrated Study Trips

The *Public Health & Medicine in Europe* programme begins with the four day **European Study Trip** to Berlin, which provides a vivid European context for the central programme theme. The programme also offers a **'Get to the know the Netherlands' cultural weekend**, as well as a two day **Euregional Study Trip** that includes for example, a discussion with representatives from the European Parliament about EU public health policy or a company visit to DSM Biomedical. Students can also attend a variety of guest lectures and visit the practices of local doctors, midwives and other health care providers and take a guided tour of the Orbis Hospital of the Future.

*"The Public Health & Medicine programme provided me with a solid foundation and in-depth knowledge of European Health Systems. In-class discussions were very open and focused on different perspectives and controversial topics. I would highly recommend it."* Lisa Saa, Trinity College

## Academics

### Credits

Maastricht University uses the ECTS (European Credit Transfer System) to measure academic progress. Maastricht University courses are typically worth between 5-12 ECTS. How ECTS transfer depends on a student's home university or college. Generally a 5-6.5 ECTS course is the equivalent of a full semester course (3 American credit hours). CES advisors help students select classes to meet the requirements of their home university.

### Programme Structure

Each CES semester is 18 weeks long and starts with an extensive 2-week introduction, followed by two 'block periods' of classes (block periods 1 and 2 in Fall; block periods 4 and 5 in Spring). Students take two or three courses per 8-week block period depending on the number of credits required. Students can earn a minimum of 24 and maximum of 32 ECTS per semester. The number of hours in class varies from 12-15 hours per week; for every hour in class students are expected to spend 2-3 hours on study.

### High Academic Standard

CES programmes are designed for enthusiastic and intellectually curious students dedicated to expanding their academic horizons while abroad. To ensure that students do well, CES offers extensive academic advising, workshops and regular monitoring. Maastricht University uses Problem-Based Learning (PBL), a student-centered teaching approach. Small groups of students (12-15) work on academic or practical cases prepared by their professors. Faculty act as guides to students who are in charge of their own learning and are expected to be committed, active and self-motivated.

## Practical Information

### Programme Dates

Spring 2015	16 January - 6 June 2015
Fall 2015	14 August - 19 December 2015
Spring 2016	15 January - 4 June 2016

*Should students have internship plans that require departure before the official end date of the programme, please inform CES. We will endeavor to help you select courses accordingly.*

### Introduction

The 2-week introduction offers a variety of academic and social activities and the European Study Trip. The introduction includes CES services (such as airport pick up and phone rental), a tour of

Maastricht and the surrounding area, Maastricht University orientation, a Problem-Based Learning workshop, an Intercultural Communication seminar and integration into Dutch student life.

### Tuition

The tuition fee includes registration at Maastricht University, academic advising, all courses (up to 32 ECTS), CES course materials, European Study Trip, weekend and field trips, extensive introduction and all CES services. For Spring 2015 the tuition fee is € 7600\*.

### Housing

Most CES students stay in single or double rooms at the International Student Guesthouse of Maastricht University. Rooms in the P-building have a private kitchen and rooms in the C-building have communal cooking facilities; in both buildings the bathroom facilities are shared. Housing costs for Spring 2015 range from € 2319 to € 3554\*.

### Visa & Residence Permit

Most students require a temporary Dutch residence permit (VVR) for stays longer than 90 days and some students might need a visa (MVV). CES assists students with every part of this process. For Spring 2015 the cost for a temporary residence permit is € 304\*.

### Insurance

Students need sufficient health care, liability and travel insurance for the duration of their stay. Most students are covered through their home university, but CES can assist students who need to purchase their own.

## Application Requirements

CES Open Enrolment programmes are competitive. Early application is recommended. Applicants must be in good academic standing, have a minimum GPA of 3.0 and must be proficient in English. Please refer to the CES website for more information and an online application form. Don't hesitate to contact CES with questions. We are happy to help!

### Application Deadlines

Spring 2015	15 October 2014
Fall 2015	15 April 2015
Spring 2016	15 October 2015

*\*For detailed and up-to-date tuition, housing and residence permit fees, please check our website. Although this brochure was made with the utmost care, no rights can be derived from it.*

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