



Open Enrolment Semester Programmes



Public Health & Medicine in Europe

Europeans enjoy some of the highest quality and most affordable health care in the world. However, European systems of publicly funded health care have come under pressure from financial crises and an ageing population. The *Public Health & Medicine in Europe* programme is for students studying public health, biology and life sciences who are interested in different approaches to public health in a European context, and as a preparation for Medical School.

Maastricht, the Netherlands, is the perfect location to examine modern European health care policies and challenges. With Germany and Belgium only a stone's throw away, cross-border health options and differences in medical practices are a reality for every patient and health care provider in Maastricht. The Netherlands is consistently positioned at the top of the Euro Health Consumer Index (EHCI) and other global rankings and is known for controversial medical practices such as high rates of home births, medical marijuana and legalised euthanasia. Visit actual medical practices and talk to doctors about their work. Compare the universal health care systems of European countries with the market driven system of the United States. Examine the different attitudes to health in various European nations. The *Public Health & Medicine in Europe* programme gives students a greater understanding of public health policies and medical practice in Europe. Deepen your knowledge of genetics, immunology or biology, gain insight into contemporary European public health policies, discuss medical case studies and develop practical medical skills.

World-class medical faculty and European Public Health programme

Students in the *Public Health & Medicine in Europe* programme are directly enrolled at Maastricht University and able to take classes from the prestigious Faculty of Health, Medicine and Life Sciences (FHML). At FHML, students can take courses from the European Public Health and the International Track in Medicine programmes. Courses can also be taken at the highly selective liberal arts and sciences programme from University College Maastricht.

Courses

All *Public Health & Medicine in Europe* students participate in the **Core Seminar**, a compulsory semester-long course that forms the backbone of the programme and combines strong academics with integrated study trips and unique hands-on experiences. Students can choose from more than **350 bachelor-level courses in English** offered at Maastricht University. Please refer to the CES website for a complete course overview. At least half the courses should be selected from the programme-related Majors below. This combination provides a solid understanding of the central subject while giving students the freedom to **build their own curriculum**.

Majors

- | | |
|------------------------------------|--------------------------|
| • Chemistry | • European Public Health |
| • Genetics | • Medicine |
| • Molecular Biology & Microbiology | • Physics |

Integrated study trips

The Core Seminar begins with the **European Study Trip**, which provides a vivid European context for the central programme theme. The seminar runs for the duration of the semester and includes an interactive **lecture series** and **field trips** that highlight local achievements.

The *Public Health & Medicine in Europe* programme includes, for example, a discussion with representatives from the European Parliament about EU public health policy or a company visit to DSM Biomedical. Students can also attend a variety of guest lectures and visit the practices of local doctors, midwives and other health care providers and take a guided tour of the Orbis hospital of the future. True to Maastricht University's philosophy of active and self-directed learning, students undertake an **independent study project** during the Core Seminar and are encouraged to pursue their own academic interests. The Core Seminar concludes with a Symposium where students present their research papers.

"The Public Health & Medicine programme provided me with a solid foundation and in-depth knowledge of European Health Systems. In-class discussions were very open and focused on different perspectives and controversial topics. I would highly recommend it." Lisa Saa, Trinity College

Academics

Credits

Maastricht University uses the ECTS (European Credit Transfer System) to measure academic progress. Maastricht University courses typically have between 5-12 ECTS. How ECTS transfer depends on a student's home university or college. Generally a 5-6.5 ECTS course is the equivalent of a full semester course (3 American credit hours). CES advisors help students select classes to meet the requirements of their home university.

Programme Structure

Each CES semester is 18 weeks long and starts with an extensive 2-week introduction, followed by two 'block periods' of classes (block period 1 and 2 in Fall; block period 4 and 5 in Spring). During each 8-week block period, students take two courses of 5-6.5 ECTS or one course of 9-12 ECTS. In addition, they will participate in the mandatory Core Seminar (6 ECTS), which runs alongside the courses (see figure below). Students can earn a minimum of 24 and maximum of 33 ECTS per semester at CES. The number of hours in class varies from 12-15 hours per week; for every hour in class students are expected to spend 2-3 hours on study.

Core Seminar (6 ECTS)																	
Intro		Block Period 1								Block Period 2							
		Course (5-6.5 ECTS)				+ Course (5-6.5 ECTS)				Course (9-12 ECTS)							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18

High academic standard

CES programmes are designed for enthusiastic and intellectually curious students dedicated to expanding their academic horizons while abroad. To ensure that students do well, CES offers extensive academic advising, workshops and regular monitoring. Maastricht University uses Problem-Based Learning (PBL), a student-centered teaching approach. Small groups of students (12-15) work on academic or practical cases prepared by their professors. Faculty act as guides to students who are in charge of their own learning and are expected to be committed, active and self-motivated.

Practical Information

Programme Dates

Spring 2014	17 January - 7 June 2014
Fall 2014	15 August - 20 December 2014
Spring 2015	16 January - 6 June 2015

Introduction

The 2-week introduction offers a variety of academic and social activities, the start of the Core Seminar and the European Study Trip. The introduction includes CES services (such as airport pick up and phone rental), a tour of Maastricht and the surrounding area, Maastricht University orientation, a Problem-Based Learning seminar, Intercultural Communication workshops and integration into Dutch student life.

Tuition

The tuition fee includes registration at Maastricht University, academic advising, all courses (up to 33 ECTS), CES course materials, the Core Seminar, European Study Trip, field trips, extensive introduction and all CES services. For Spring 2014 the tuition fee is € 7600*.

Housing

Most CES students stay in single or double rooms at the International Student Guesthouse of Maastricht University. Rooms in the P-building have a private kitchen and rooms in the C-building have communal cooking facilities; in both buildings the bathroom facilities are shared. Housing costs for Spring 2014 range from € 2266 to € 3491*.

Visa & Residence Permit

Most students require a temporary Dutch residence permit (VVR) for stays longer than 90 days and some students might need a visa (MVV). CES assists students with every part of this process. For Spring 2014 the cost for a temporary residence permit is € 300*.

Insurance

Students need sufficient health care, liability and travel insurance for the duration of their stay. Most students are covered through their home university, but CES can assist students who need to purchase their own.

Application requirements

CES Open Enrolment programmes are competitive. Early application is recommended. Applicants must be in good academic standing, have a minimum GPA of 3.0 and must be proficient in English. Please refer to the CES website for more information and an online application form. Don't hesitate to contact CES with questions. We are happy to help!

Application Deadlines

Spring 2014	15 October 2013
Fall 2014	15 April 2014
Spring 2015	15 October 2014

**For detailed and up-to-date tuition, housing and residence permit fees, please check our website. Although this brochure was made with the utmost care, no rights can be derived from it.*

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